

Cattails Environmental, LLC

Field Emergency First Aid Kit

Revised May 2017

2 - 12 ply 4" x 4" sponges	pair safety glasses
3 - 3" or 2-1/2" stretch bandage w/ velcro	safety gloves
4 - 3" rolled conforming stretch gauze	Liquid hand soap, travel size
1 - 5-1/4" x 10" sterilization pouches	After Bite & Sting Ez
2 - self-adherent 6" x 5 yd wraps	Children's chewable aspirin
2 - 12" x 30" multi-trauma dressings	Benadryl tablets
2 - "H" compression bandage	Antibiotic ointment
4 - adhesive medical tape rolls (2 waterproof)	Ibuprofen
1 - pair trauma shears	Poison Ivy medicine (Triamcinolone Acetonide Cream)
1 - Mueller ice bag (to fill)	4 - IvyX Post Contact Skin Cleanser towellettes
2 - CAT tourniquet	Carmex lip balm
1-wrist/hand splint (Jack's)	Liquid Bandage
1-SAM splint	Hydrogen peroxide, travel size
1-finger splint	Witch Hazel Wipes
NeoSynephrine, cotton balls & Nose Clamp (for uncontrollable nose bleeds)	Cattails' Field Team Members' Emergency contact info
Large & miscellaneous band-aids	Cattails' Field Safety Plan
Moleskin	Duke University Safety Guidelines for Fieldwork
Alcohol prep wipes	